## Information, Advice and Support You Can Get What should happen?



Are you aged 25 or under?

Are you **disabled** or do you have **special educational needs**?

**Special educational needs** are when you need extra support to learn things.



The law says that you can get information, advice and support.



You can come to us if you want some **help** with getting the right kind of:

- Support at school, college or training
- Health services
- Care and support

Most people who are 16 years old or more and have finished Year 11 can make their own decisions about their school or support.



If you would like a **parent or carer** to help then that is OK. It is up to you.

If you are **under 16** years old, then we will need to talk to your **parents or carers** before we make any decisions.



Our service is impartial. This means we will not tell you what to do. **We will not take sides**.

We will give you the information and support you need to make your **own** choices.



Our service is confidential. That means our meetings will be **private**. We will only tell people what we talk about if you say it is ok. We also need to tell someone if we think you are in danger of being hurt.

If you are **not happy** with our support then please **tell us** how we can make it better!

We are based at:

SENDIASS 11 Dudley Street Grimsby DN31 2AW

Our telephone number is:

01472 355365

You can text us on:

07710 386592

Or you can email us at:

nelincs@barnardos.org.uk

Visit our website:

www.barnardos.org.uk/nelsendiass

## Believe in children MBarnardo's

Special Educational Needs and/or Disability



We provide confidential, impartial support and advice for children and young people up to the age of 25 years in relation to Special Educational Needs and Disability.